

Fourth Sunday of Lent -Year B

Responsorial Psalm 137:1-2, 3, 4-5, 6

R. Let my tongue be silenced, if I ever forget you!

By the streams of Babylon we sat and wept when we remembered Zion.
On the aspens of that land we hung up our harps.

R. Let my tongue be silenced, if I ever forget you!

For there our captors asked of us sing the lyrics of our songs,
And our despoilers urged us to be joyous: “Sing for us the songs of Zion!”

R. Let my tongue be silenced, if I ever forget you!

How could we sing a song of the LORD in a foreign land?
If I forget you, Jerusalem, may my right hand be forgotten!

R. Let my tongue be silenced, if I ever forget you!

May my tongue cleave to my palate if I remember you not,
If I place not Jerusalem ahead of my joy.

There is a Reggae song called “*By the Rivers of Babylon*” that describes the pain of the Israelites when they were taken from The “Holy Land” =Zion and forced to work in slavery in the Babylonian Empire. Animals you had never seen – elephants, Foods you had never eaten, Your sacred vessels and possessions owned by another.

Listen to this song on YouTube that describes what it must have been like to be taken to a strange country and miss the country where you were raised <https://youtu.be/vYK9iCRb7S4>

During Lent we take time to remember the pain of separation from the God of the Covenant. We are half way through Lent:

- Have we Prayed during Lent to remember God in our Lives?
- Have we Fasted during Lent to open room in our heart for the love of God?
- Have we given Alms during Lent to remember that what is important in our lives is not Worldly good?

Read over the Gospel

Gospel **Jn 3:14-21**

For God so loved the world that he gave his only Son,
so that everyone who believes in him might not perish
but might have eternal life.

For God did not send his Son into the world to condemn the world,
but that the world might be saved through him....

And this is the verdict, that the light came into the world,
but people preferred darkness to light, because their works were evil.

For everyone who does wicked things hates the light
and does not come toward the light,
so that his works might not be exposed.

But whoever lives the truth comes to the light so that his works may be clearly seen as
done in God.



There seems to be a struggle between the Dark and the Light

What things in your life seem to be from The Dark?

What things in your life seem to be from The Light?

According to the Gospel.... Who wins this struggle?



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